



# AgeOptions Caregiver Resource Centers (CRC's)

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# AgeOptions Caregiver Program – CRC's



## 9 Caregiver Resource Centers ([CRCs](#))

- Clients served:
  - Caregivers of older adults 60+
  - Caregivers of adults with disabilities (19-59)
  - Grandparents Raising Grandchildren/Kinship-Relative caregivers of non-biological children
  - Caregivers caring for a person living with ADRD

## Services and Interventions

Support  
groups

Respite care

Counseling

Gap filling

Training and  
education

Information,  
resources and  
referrals

Memory café



# Memory Cafés

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Stigma-free social settings where people living with dementia and their care partners can meet others and enjoy time together!

- [Memory Café Directory 2022](#)
- Memory café website - <https://www.ageoptions.org/services-and-programs/memory-cafe/>



# Grandparents and other Relatives Raising Children Program

Caregiver Resource Centers also provide support to non-parent relatives of any age\* or 55+ raising children under the age of 19

- support groups
- counseling
- gap filling\*

For relatives raising children who want to learn more, click [here](#) for English and [here](#) for Spanish.



# Caregiver Resource Centers (CRCs)

|              |   |   |   |
|--------------|---|---|---|
| <b>North</b> | <a href="#"><u>North Shore Senior Center Northfield</u></a><br>(Main, New Trier, & Northfield townships)<br>(847)784-6040 | <a href="#"><u>Kenneth Young Center</u></a><br>(Elk Grove & Schaumburg townships)<br>(847)524-8800                              | <a href="#"><u>Catholic Charities Northwest</u></a><br>(Barrington, Hanover, Palatine, & Wheeling townships)<br>(847)253-5500                     |
|              | <a href="#"><u>North Shore Senior Center Niles</u></a><br>(Evanston & Niles townships)<br>(847)864-3721                   |   |   |
| <b>West</b>  | <a href="#"><u>Oak Park Township Senior Services</u></a><br>(Oak Park & River Forest townships)<br>(708)383-8060          | <a href="#"><u>Aging Care Connections</u></a><br>(Lyons, Riverside, Proviso, Leyden, & Norwood Park townships)<br>(708)354-1323 | <a href="#"><u>Solutions for Care</u></a><br>(Berwyn & Cicero townships)<br>(708)447-2448   |
| <b>South</b> | <a href="#"><u>Stickney Township Office on Aging</u></a><br>(Stickney Township)<br>(708)636-8850                          | <a href="#"><u>Pathlights</u></a><br>(Lemont, Orland, Palos & Worth townships)<br>(708)361-0219                                 | <a href="#"><u>Catholic Charities South Suburban Senior Services</u></a><br>(Bloom, Bremen, Calumet, Rich, & Thornton townships)<br>(708)596-2222 |

