




Library CARES
Q4 FY 2023 Meeting
September 19, 2023

A network diagram on the left side of the slide, consisting of a vertical blue bar and a series of interconnected nodes and lines in orange and white, extending from the top to the bottom of the slide.

As President Obama stated in his letter of support for librarians, "...thank you for the work you do every day ...helping us understand each other and embrace our shared humanity." AgeOptions is committed to supporting those who serve our older adults (and their families, friends, and neighbors) in suburban Cook County and beyond.

Objectives:

- Welcome!
- Closing out FY23
- Moving into FY24
 - Administrative
 - New Library Reporting Form for FY24
 - Surveys of Participants
 - FY24 Library Partner Work Plan
 - FY24 Annual Review
- Your Feedback Matters: Library CARES Grant Partner Evaluation
- Show and Tell – Partner Programs
- Discussion/Adjourn

Welcome (back) to our new partners!

Jenny Martin, Chicago Heights PL
Shirley James, Dolton Public Library
Tracy Duckworth, Grande Prairie PL



**CHICAGO HEIGHTS
PUBLIC LIBRARY**

25 W. 15th Street
Chicago Heights, IL.60411



Dolton Public Library District
14037 Lincoln Avenue
Dolton, IL 60419

(708) 849-2385



Serving Country Club Hills & Hazel Crest, IL
Grande Prairie Public Library
3479 W. 183rd St., Hazel Crest, IL 60429
www.grandeprairie.org/T. 708-798-5563

FY23 Final Reminders

Q4 FY23 Reporting Form by 10.06.23

- Please use the most recent version (**As of 03.21.2023**)
- Can be found on the Partner Webpage/my emails
- The 03.21.2023 Version is the only one accepted for Q4 Reporting!
- Please turn in as soon as possible (starting now)

Quarterly Spend Down

- Must be spent or committed by September 30, 2023

Continue submitting

- Success Stories
- Photo Submissions



FY23 Reporting

Thank you!

97% success rate
for on-time Q3
FY23 report
submittals!



Q3 FY23 Success Stories

Please continue to submit
your success stories and
photos

**Markham Public Library:
Chair Cardio**

My seniors have really shown a love for our chair cardio classes. They express their joy and happiness for us to provide something like this to them for no cost to them. It makes me so happy when they come to me smiling and thank us for providing them with a program they love. They told me to tell [AgeOptions] thank you for everything! Chair Cardio Rocks!!!!



Q3 FY23 Success Stories

Please continue to submit
your success stories and
photos

**Berkely Public Library:
Senior Outreach**

We noticed that this quarter people outside our community were coming to our senior outreach programs. When asked how they heard about the program, they replied that they read it in *Neighbors* (a magazine for Proviso and Leyden Townships). These older adults were looking for something to do other than getting out just for doctor's visits. Our oldest participant is 92 years old.



Q3 FY23 Success Stories

Please continue to submit your success stories and photos

**LSF Brookfield Library:
Brain Boot Camp**

Our Brain Boot Camp program has been a great success. We offer several fitness classes for seniors, but this program is a great way to keep seniors mentally challenged and sharp. The seniors have so much fun. It is essential to offer educational programs to our seniors, but having fun, laughing, and reminiscing are just as important. It feels great to bring some joy and laughter into our seniors' lives.



Q3 FY23 Success Stories

Please continue to submit your success stories and photos

**Forest Park Public
Library:**
Digital Group Coaching

Digital Group Coaching is a Social Circle monthly offering. The presenter is unusually engaging and knowledgeable. At her last engagement, patrons were rapt and fascinated for two hours. As they reluctantly got to their feet to leave, several patrons clustered around to tell me that I "must" get the word out about this amazing program because more people should be in this room, profiting. Our challenge is to promote increased participation in Digital Literacy Coaching, which is critically needed among seniors.



FY24 Library CARES Program

FY24 Stipends:

- Will be sent out in the next few weeks
- Will be sent once Q4 FY23 reporting is received
- If your SAM UEI is expiring soon, please renew it *now*

If you have not submitted your signed FY24 Stipend Agreement

- Please contact me ASAP!



FY24 Reporting Form

Quarterly Reports and Spend Down are due the Friday of the week following quarter-end by close of business:

- Friday, January 5th, 2024
- Friday, April 5th, 2024
- Friday, July 5th, 2024
- Friday, October 4th, 2024



FY24 Quarterly Mandatory Meeting Dates

At least one person must be in attendance from each partner library at *each quarterly meeting*:

- Tuesday, December 12th, 2023
- Tuesday, March 19th, 2024
- Tuesday, June 18th, 2024
- Tuesday, September 24th, 2024



FY 2024

New (and Improved) Reporting Form



FY 2024

New FY24 Reporting Form

AgeOptions FY2024 ARPA Funding					
Library CARES Program					
Quarterly Reporting Form. (Last Updated on: September 13, 2023)					
Agency Name					
Reports are due the following:					
Due date		Reporting Period		Check-one below:	
Friday, January 5, 2024		October 1, 2023 - December 31, 2023			
Friday, April 5, 2024		January 1, 2024 - March 31, 2024			
Friday, July 5, 2024		April 1, 2024 - June 30, 2024			
Friday, October 4, 2024		July 1, 2024 - September 30, 2024			
PART 1 - Events/Programs Provide an overview of the Programs/Events hosted/facilitated this quarter					
(i.e., provide knowledge & skills through structured, group-oriented presentations, lectures or classes activities that foster health & social well-being of individuals through social interaction & constructive use of time.					
Title /Description of Activity/Program	Program Date	Duration (Hours)	Total number of people who	Total number of NEW* participants this	Total units



FY 2024

New FY24 Reporting Form

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Title/Description of Activity/Program	Program Date (mm/dd)	Duration (Hours)	Total number of people who participated	Total number of NEW* participants this Quarter	Total units



FY 2024

New FY24 Reporting Form

*Why are we asking for "NEW" people reached?
We are ultimately asking for a unique count of individuals reached this FY by service (e.g. Event/Program). So for example, your 1st Event/Program after Oct 1 will have everyone as "new". For each event after, tell us if there was anyone who has not been to an event this FY.

PART 2 - Narrative
Please share a success story for this quarter. This could be a story of an individual impacted by your support or a story about a successful program or event that you hosted during this time.
[Click here to complete our online form to collect stories](#)

PART 3 - Expenditures for this reporting quarter

Personnel	Technology	Equipment / supplies	Other	Total expenses
				\$0.00

A signed copy of this report should be sent to Laona.Fleischer@ageoptions.org.
We prefer Excel to PDF as it is easier for us to aggregate data. Please feel free to insert a scanned signature.

I certify that this report is true and accurate.

Signature	Name (print)
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New FY24 Reporting Form

Unique/New Participants

YOU ARE

Only **NEW** Once!

Everyone is **New** at the first
program of the new FY.



FY23 and FY24 Quarterly Reporting

Helpful Tips:

- Merge “like” programs (Chair Yoga for the month)
- Record the length of the program in hours or quarter hours
- Capture those new (unique) participants
- Funds are to be used for older adults 60+



Fourth Quarter 2023

Library Program Evaluation Survey Results

83% of partner
libraries submitted (31)
441 (as of 09.19.23)
surveys submitted!



**You have until September 30th
to submit the surveys**

**Thank you for all your work sharing this
survey with your patrons**



Library Program Evaluation Surveys

- Farewell UCLA+ Survey
- New demographics draft in process
- Demographics collection will begin Q2 on January 1st, 2024
- Details will be shared at the December meeting
- No surveys for Q1!!!!



Library CARES Demographics Collection for FY2024

Library CARES Partner Work Plan FY2024



Connecting Older Adults with Community-based Resources and Options

AgeOptions FY 2024 Library CARES Program

Partner Work Plan

Partner agrees to adhere to the requirements of this project as follows:

1. **Activities** (Please see attached Program Requirement Fulfillment Examples, p. 3).
 - a. Provide programming that addresses social isolation among older adults through educational and recreational events focused on low-income, minority, and limited English-speaking older adults. This can include, but is not limited to, one of the



Library CARES Work Plan FY2024

Library Program For Partners

Welcome, Library Partners!

This is the Library Program's landing page. All materials and resources related to AgeOptions' FY2023 Library Program will be found here.

FY2023 Program Materials

Reporting documents and materials:

- FY24 Library CARES Work Plan
- ~~Library Program FY23 Quarterly Reporting Form Template~~ (as of March 21, 2023)
- Demographic Survey and UCLA Loneliness Scale Assessment



- Annual Review for FY24
- Touching Base
- Tool is still being created
- One-on-one meetings will take place sometime in Q2 or Q3
- ***You are all doing great!***
This is ***nothing*** to be nervous about!



Library CARES Annual Review

New for
FY2024

FY23 Library CARES Grant Partner Evaluation



Library CARES Grant Partner Evaluation FY2023

Please help me understand your successes and challenges with this year's Library CARES grant

* Required

1. The AgeOptions Library Program for Partners webpage has helpful resources *

- ☐ Yes
- ☐ No
- ☐ I did not utilize the webpage

Library CARES Grant Partner
Evaluation FY2023



<https://forms.office.com/r/R3Nr3RaYUI>

FY23 Library CARES Grant Partner Evaluation

Sent out via email at the end of August

- Be heard!!!!
- Make suggestions!!!!!!
- Help me make this program even better for you this coming year!!!!
- It's anonymous 😊

Thank you for filling this out – it means a lot to me to have your input



Flu and COVID Vaccines

<https://www.ageoptions.org/covid>

AGING & DISABILITY
Vaccination
Collaborative
powered by USAging

AGEOPTIONS.

STAY SAFE.
STAY UP TO DATE.

Protect your health and people you love, Vaccines are safe, effective, save millions of lives and are the best defense against many infectious diseases. If you are 65+ or have a compromised immune system, you may be more vulnerable to certain diseases, so get vaccinated today.

The best time to get vaccinated is now!



Flu

The flu vaccine is very important for older adults and people with chronic health conditions. Please get your seasonal flu (influenza) vaccine by the end of October or soon after.

COVID-19

If you have not gotten a COVID-19 vaccine since last fall, you can get one now. If you are over age 65 or are immunocompromised you may want an extra shot about 4 months after getting your last one.

Get your FREE Flu and COVID-19 vaccination today!

Call AgeOptions at:
708-383-0258

Visit our website at:
www.ageoptions.org/covid

This project is supported by the Administration for Community Living (ACL, U.S. Department of Health and Human Services (HHS)) through USAging as part of a financial assistance award to USAging totaling \$74,999,835 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official view of, nor an endorsement, by USAging, ACL, HHS, or the U.S. Government.



In-Home Flu and COVID Vaccines

<https://www.ageoptions.org/covid>



AGING & DISABILITY
Vaccination
Collaborative
powered by USAging



AGEOPTIONS



**Get your FREE
COVID-19 or Flu
Vaccine at home!**

AgeOptions is working with CIMPARG to administer in-home Flu and Covid-19 Vaccines for People 60+ and persons with disabilities living in Suburban Cook County.



Do you Qualify?

Do you live in Suburban Cook County?
Are you 60+ or a caregiver?
Have trouble getting out of the house?

If you answered **YES** to the question above, you qualify for an in-home vaccine.

Call or go online today to schedule yours!

Call AgeOptions at:
708-383-0258

Visit our website at:
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Memory Café @PFPL



MEMORY CAFÉ

WHAT IS MEMORY CAFÉ?

Memory Café provides a gathering place for friends with Alzheimer's (or other dementias) along with their caregivers and families to relax and enjoy socialization, special presentations, activities, and refreshments.

MEDITATION FOR MEMORY CAFÉ

Join Brian Thompson, CEO/Natural Wellness Innovator of BNEW4LIFE for "Release & Replenish" Meditation at our Memory Café. We've created a safe, pleasant space for those with Alzheimer's, Dementia or other memory loss and their caregivers to learn and practice basic meditation. Studies show meditation and gentle breathing practices help decrease cognitive decline, reduce falls, increase brain power, and can help ease stress and frustrations. Let's build a community of comfort, care and sharing through meditation.

Beginning : September 19, 2023

DATE: Every (3rd) third Tuesday of each month

TIME: 11:00am -2:00pm

LOCATION: Park Forest Public Library



We ask caregivers to be present with any guest that need personal care assistance.

Funded in part by: **AGEOPTIONS.**

Join us for:

- Conversation
- Presentation
- Activities/Games
- Refreshments

Contact:

Katherine Goosby
Senior Services
Coordinator
(708) 748-3731
ext.23

PARK FOREST
PUBLIC LIBRARY
400 Lakewood Blvd.
708-748-3731
www.pfpl.org



Thrive with Pride September 26

THRIVE WITH PRIDE: An Inclusive Online Café

Preparing for Medicare
Open Enrollment Period



Are you ready for the upcoming Medicare Open Enrollment Period? Every year from Oct. 15 – Dec. 7, Medicare gives you the chance to review and make changes to your current coverage.

Avisery by AgeOptions will educate participants on how to prepare and get support, as well as highlight some of the key benefit changes, caveats and costs.



LIVE On Zoom
Tues, Sept 26
11am - Noon

Join by clicking or calling:
<https://zoom.us/j/96661294106>
Or dial (312)626-6799

(enter ID 966 6129 4106 at prompt)

This event is free; registration is not required.

Before the event: We encourage you to visit our website to review their September 2022 presentation on the "ABCDs" of Medicare and review your current coverage. Bring your questions for our Medicare experts!

Thrive with Pride Cafes provide safe and affirming spaces for all older adults. Join a Thrive with Pride Cafe in your area for a follow-up discussion where you can share and receive support, learn more about local services and resources and discuss topics that matter.

For more information on this or past cafe presentations, links to recordings or to find a cafe in your area, go to www.thrivingwithpride.org or email information@ageoptions.org. 



AgeOptions is the Area Agency on Aging of suburban Cook County. We are now proud recipients of the SAGECare platinum credential, signifying our commitment to LGBTQ+ inclusivity.



Thrive with Pride October 24

THRIVE WITH PRIDE: An Inclusive Online Cafe

& Chicago Methodist Senior Services Present:



Our Stories



LIVE On Zoom
Tuesday, October 24
11am - Noon

Join by clicking or calling:
<https://zoom.us/j/96661294106>
Or dial (312)626-6799
(enter ID 966 6129 4106 at prompt)
This event is free;
registration is not required.

In honor of LGBT+ History Month, join us for a virtual community event featuring two storytellers from CMSS' GOLD program!


The GOLD Program (GLBT+ Older Adults Leading Initiatives to Drive Change) amplifies the voices of LGBT+ older adults to promote inclusion in aging services.

*Special Guest: Dr. Katie Fasullo,
Corporate Director of Population
Health and Health Equity at CMSS,
& GOLD Program creator*



**Chicago Methodist
Senior Services**

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FEMA Assistance Available to Residents Impacted by Flooding from June 28th through July 2nd.



You must register with FEMA to receive assistance.

Calumet City Public Library

Hours: 7 a.m. – 7 p.m. through Sept. 21
Manistee Ave.

Calumet City, IL 60409

Morton College

Hours: Mon-Sat 7 a.m. - 7 p.m.
3801 South Central Ave.

Cicero, IL 60804

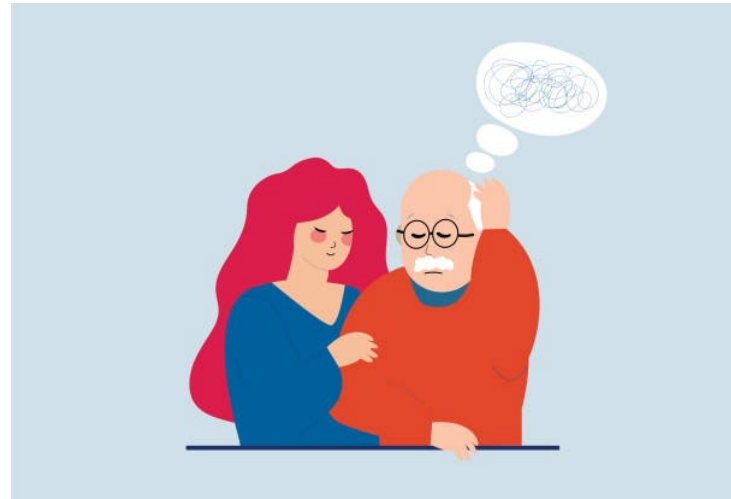
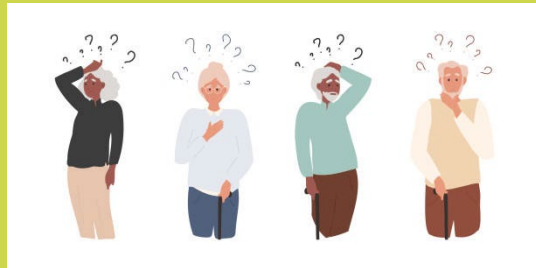
Berwyn Grove Ave. Parking Garage

Hours: Mon-Sun 7 a.m. - 7 p.m.
3310 Grove Ave.
Berwyn, IL 60402



Living Well with Dementia: An Inclusive Guide for Libraries and Communities

September 21, 2023
Zoom 1:00-2:00 CST



Library Partner Program Show and Tell

Cristy Stupegia, Calumet City Public Library

Cardio Drumming



Library Partner Program Show and Tell

Dawn Walczak , Eisenhower Public Library

iPads for Seniors



Library Partner Program Show and Tell

***Skye Lavin, Forest Park PL
Senior Social Hour Self Defense***



Library Partner Program Show and Tell

Linda Caruso, South Holland Public Library Senior Social Circle



Group Discussion!



1. Collaborative program opportunities
2. Any additional feedback/input?
3. What has worked well?
4. Any advice?
5. Questions about anything!





**Many thanks for your participation
in the Library CARES grant program and
for the work you do to reach out
to the older adults in your community.
I'm here for anything related to the library
program – please reach out!**

**708.383.0258 (main number)
708.322.1370 (direct number)
Laona.Fleischer@AgeOptions.org**

