



## Caring Together, Living Better (CTLB)'s Participant Survey

*Caring Together, Living Better (CTLB)'s mission is to support and empower faith and community-based organizations to provide resources, education, and community to low-income African American and Latinx caregivers and older adults." Our mission statement was developed with the support of our partners and volunteers to encompass the heart of the Caring Together, Living Better (CTLB) Program.*

Your response to this survey will help us understand the impact of Caring Together, Living Better (CTLB). We are asking participants to complete the demographic portion of the survey to better understand the audience that attends and participates in Caring Together, Living Better (CTLB) programming. Thank you for participating in your local church and/or faith-based organizations programming and for completing this survey.

### Definition of family caregiver

*Using the definition of a Family Caregiver from the federal RAISE Act Advisory Council, a family caregiver is: "Unpaid individuals of all ages who have a significant relationship with, and who provides a broad range of assistance to an individual with a chronic or other health condition, disability of functional limitation."*

**Please complete the following survey below or online by scanning the QR code below.**

1. Is this your first time attending this meeting/activity?
  - Yes
  - No
2. The person I care for most often is my:
  - Spouse
  - Parent
  - Friend or Neighbor
  - Fellow Church Member
  - I am not caring for an adult now
  - Other (please specify): \_\_\_\_\_
3. How well did this event/activity meet your expectations?
  - Exceeded expectations
  - Met expectations
  - Did not meet expectations
4. As a caregiver, how did this event benefit you? (Check all that apply)
  - I learned new ways to reduce my stress
  - I feel less lonely or isolated as a caregiver

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- I feel more equipped to manage my health
  - I feel more supported in my role as a caregiver
  - I now feel more connected to my community
  - I learned there are resources out there to help me
  - I feel more hopeful about my situation
  - I connected with a new service provider or resource
5. Do you agree with the following statement: "I would recommend this [event/program] to [friends/others]?"
- Strongly Agree
  - Agree
  - Somewhat agree
  - Neutral – neither agree nor disagree
  - Somewhat disagree
6. Please expand on your response to the question above (optional):

**What is your age range?**

- 18 to 49
- 50 to 59
- 60 to 64
- 65 to 74
- 75 to 84
- 85+

**What is your race/ethnicity? (select all that apply):**

- Hispanic/Latinx
- American Indian or Alaska Native
- Asian or Asian American
- Black or African American
- Native Hawaiian or Pacific Islander
- White
- Other: \_\_\_\_\_

**Are you receiving any of the following (check all that apply):**

- Medicaid
- Medicare
- Private Insurance
- None of the above
- Prefer not to answer